

WIN BY FALL

by Anna Koch



SYNOPSIS

Four German teenage girls are getting ready for an exciting school year. The young wrestlers Janny, Lisa, Debby and Michelle have been accepted to the Elite School of Sports, a boarding school in Frankfurt that follows East German traditions in getting talented athletes to the top. The girls can expect years of exhausting, intensive training schedules, strict diets and extreme pressure to perform. In their free time they hang out together, listen to music and long for home – they aren't all built for this kind of regime. Michelle struggles with her weight, Lisa is homesick, Jenny feels insecure within the group, and Debby sets the bar very high. For years on end the film follows the girls at school, during the grueling workouts, in the intimacy of their lodgings and on the mat – the place where it's all really supposed to happen. In slow motion, hair swings about and faces show strain as they maneuver themselves and their opponents into astonishing positions. While each...

2016

82 min

ORIGINAL TITLE

SCHULTERSIEG

FORMAL CATEGORIES

Biographie/Portrait, Coming of Age, Children / Youth, Social issues, Sports

PREMIERE

Amsterdam, Netherlands (2016)

COPRODUCTION COMPANY

[DFFB Deutsche Film- und Fernsehakademie GmbH](#)

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LINKS / REFERENCE

CO-PRODUCTION

Anna Wendt Filmprod. GmbH

<http://www.annawendtfilm.de...>

TRAILER

<https://vimeo.com/184828652>

FESTIVALS

2016

IFF GRANIT - Best Documentary - IFF Hof

2017

IDFA

BAFICI Buenos Aires

SXSW Festival Austin

Neisse Film Festival (Czech Republic, Germany, Poland)

Best Documentary, Best Cinematography - Achtung Berlin -
new berlin film award

CinéDOC - Tbilisi

DOK.fest Munich

ZLIN IFF for Children and Youth, Czech Republic

Festival de Cine Aleman, Madrid

SWIFF, SEOUL International Women's Film Festival , Korea)

Deutsches Kinder-Medien-Festival GOLDENER SPATZ