



# THE PROCESS OF RECOVERING

by Jonathan Fisk Bulette



## SYNOPSIS

Marcia Wickham, a child incest survivor, has accomplished what's almost impossible: After years of suppression, of silence, of unbearable pain, a failed suicide attempt finally brings her to therapy. Together with her therapist, she embarks on a journey to the past – in order to find peace in the present. "I am a really happy person now", she states today.

Marcia's intimate and overwhelmingly honest storytelling is carefully combined with private archive footage and almost fictional imagery.

The documentary "The Process of Recovering" is the testimony of Marcia's remarkable self-recovery and sparks hope for the numerous victims of sexual violence whose experiences are still tabooed around the globe.

## CAST AND CREW

DIRECTOR Jonathan Fisk Bulette

Germany, USA 2020

78 min

ORIGINAL TITLE

NICHT MEINE SCHANDE

FORMAL CATEGORIES

Coming of Age, Family, Gender, Children / Youth, Human Rights

ORIGINAL LANGUAGES

English

PREMIERE

Germany (2020)

PRODUCTION COMPANY

[beetz brothers film production](#)

Berlin

Germany

[info@gebrueder-beetz.de](mailto:info@gebrueder-beetz.de)

<https://gebrueder-beetz.de/en/>