

REGIMES

by Maja Tschumi



SYNOPSIS

In the life of the successful ballet dancer Laura passion and excess only take place while dancing. Nevertheless, she is perhaps the greatest performer in everyday life and the urban scenery of St. Petersburg is her actual stage. In atmospheric and calm images, the film approaches the life of an extraordinary young woman whose daily routine combines the classical authoritarian body-regime of Russian ballet with today's promising regime of self-optimization.

CAST AND CREW

DIRECTOR Maja Tschumi · **PRODUCER** Maja Tschumi, Nadine Lüchinger (Filmgerberei GmbH), Flavio Gerber (Filmgerberei GmbH) · **DOP** Silvio Gerber

Germany, Switzerland 2019

19 min

FORMAL CATEGORIES

Biographie/Portrait, Coming of Age, Arts/Culture

ORIGINAL LANGUAGES

Russian

PREMIERE

Saarbrücken, Germany (2019)

COPRODUCTION COMPANY

[Kunsthochschule für Medien Köln | KHM](#)

Peter-Welter-Platz 2

50676 Köln

Germany

presse@khm.de

<http://www.khm.de>

FILM LOCATION

Russia

LINKS / REFERENCE

WORLD SALES

<http://www.filmgerberei.ch>