



# PLAN B – FROM PSYCHOLOGICAL CRISIS TO PERSONAL GAIN

by Andrea Rothenburg



## SYNOPSIS

You can't bring these three strong women down.

The author Manu B. must process the heavy trauma that she suffered when she was abused in a Hamburg hospital by a nurse. Since then, fears dominate her life. Heike Korthals became seriously ill as a young mother and got psychosis. Maike Nordmann had already known depression from her childhood, yet later it got a hold on her, laying it's stones across her path. The three women have grown while dealing with their mental health problems, and give others courage.

## CAST AND CREW

DIRECTOR Andrea Rothenburg · SOUND Osswald Krienke

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### FORMAL CATEGORIES

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### ORIGINAL LANGUAGES

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### PRODUCTION COMPANY

DIADOK

Riemannstraße 12

10961 Berlin

Germany

[info@diadok.de](mailto:info@diadok.de)

<http://www.diadok.de>

### FILM LOCATION

Germany

### LINKS / REFERENCE

<http://www.psychiatrie-film...>