



# OUT OF THE SILENCE - THE HEALING POWER OF SOUND

by Herbert Eisenschenk



## SYNOPSIS

Sound has become an established element of conventional medical therapy. We discover a realm beyond our familiar perception of music where the phenomenon of 'sound' takes on many different therapeutic forms. What can music do? Can sound heal? In Oriental and Asian cultures, it has never been doubted that music has a therapeutic, healing potential. Enlightened Western societies, however, stopped believing in the healing powers of sound for many years and focused on scientifically proven findings in medicine. This attitude has only recently started to change. Relatively recent findings in conventional medicine suggest that although sound cannot cure serious illnesses, physical healing only works optimally if the needs of the spirit and mind are also considered; music and sound have been found once again to be effective tools in a person's recovery. The film embarks on a journey through the different worlds of healing sounds. We meet world-famous Turkish pianist Fazil Say, Austrian...

## CAST AND CREW

DIRECTOR Herbert Eisenschenk

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52 min

### FORMAL CATEGORIES

Arts/Culture, Music, Science

### PREMIERE

Germany (2015)

### WORLD SALES

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