

# OSTEOPATHY - HEALING HANDS

by Antje Christ



## SYNOPSIS

Osteopathy is gaining more and more supporters, and yet the manual healing method with its holistic approach is controversial and not recognised everywhere. We show where it can help and where it has its limits.

Osteopaths can feel tension in the body and gently release blockages, treating the musculoskeletal system and internal organs with their hands only. They view the body as a unit and try to activate its self-healing powers. Their work is based on cause-and-effect chains, the basic idea that the musculoskeletal system, skull and spinal cord, as well as all internal organs, are all linked as a system, connected by fine tissue networks – the fasciae. Osteopaths thus often find the cause of pain far away from the symptom, in a completely different part of the body. Knee problems might be treated by dealing with the hips or back, or migraines viewed as a problem with blood flow in the liver. More and more patients are turning to osteopaths as an attractive alternative to...

## CAST AND CREW

**DIRECTOR** Antje Christ · **PRODUCER** Antje Christ · **SCORE** Karl-Heinz Blomann · **SOUND** Sias van Zyl, Tobias Akly Manuel, Manuel Ernst · **EDITOR** Dirk Hergenhausen · **DOP** Martin Christ, Nils Vogt · **NARRATOR** Edda Fischer · **ANIMATION** Thomas Kaufmann

Germany 2019

52 min

**FORMAL CATEGORIES**

Science

**ORIGINAL LANGUAGES**

German, English, French

**PREMIERE**

Germany (2019)

**WORLD SALES**

**NEW DOCS**

Dasselstr. 75-77

50674 Köln

Germany

[sales@newdocs.de](mailto:sales@newdocs.de)

<http://www.newdocs.de>

**PRODUCTION COMPANY**

**Christ Media GmbH**

Bismarckstr. 34

50672 Köln

Germany

[info@christmedia.de](mailto:info@christmedia.de)

<http://www.christmedia.de>

**LINKS / REFERENCE**

<https://www.newdocs.de/oste...>

<https://www.christmedia.de/...>

<https://www.mynewsdesk.com/...>