



# MY GRANDMOTHER AND HER INDIAN MILK FUNGUS

by Julia Charakter



## SYNOPSIS

Every day, a grandmother prepares her beloved indian milkfungus which makes out of ordinary milk healthy kefir, while in the neighboring city of Mariupol, the Ukrainian war causes chaos and threats and costs many lives. The cinematography and editing of the film focus on her pace and meditative contemplation about a living organism that transforms matter.

## CAST AND CREW

DIRECTOR Julia Charakter

Germany 2017

7 min

ORIGINAL TITLE

MEINE GROSSMUTTER UND  
IHR INDISCHER MILCH KEFIR

FORMAL CATEGORIES

Biographie/Portrait, War/Peace,  
POV

CONTENT CATEGORIES

Short film

ORIGINAL LANGUAGES

Russian, English

PREMIERE

Kassel, Germany (2017)

LINKS / REFERENCE

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