



INTO THE INNARDS

by Nicole Vögele



SYNOPSIS

A young woman sets out to let go. I set out to let go, let go of everyday struggles and shambles. A ramble into the innards of the mountains and of my thoughts. Encounters and occurrences disturb the flow. But disturbances are welcome. They make you forget that you are lost. To walk away against everything, to become one with the unevenness. But there is this paradox of walking away: in the end, it's all about arriving. And a bit, just a bit perhaps, about learning to let go. An experimental mountain essay film.

CAST AND CREW

DIRECTOR Nicole Vögele

Germany 2013

21 min

FORMAL CATEGORIES

Biographie/Portrait, Coming of Age

CONTENT CATEGORIES

Short film

ORIGINAL LANGUAGES

English, German

PREMIERE

Germany (2013)

PRODUCTION COMPANY

[Filmakademie Baden-Württemberg GmbH](#)

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