



INSTRUCTIONS TO THE COOK. A ZEN MASTER'S RECIPE FOR LIVING A LIFE THAT MATTERS

by Christof Wolf



SYNOPSIS

Bernard Glassman teaches a distillation of Zen wisdom that can be used as a guide for business, social ventures, peacemaking or just life. The documentary demonstrates the uniqueness and human impact of Glassman's work and life. Not only a Zen teacher, he works as a peacemaker in the field of interfaith dialog throughout the world. He has helped change a whole neighbourhood in Yonkers (New York). The film shows how one can live a life that matters.

CAST AND CREW

DIRECTOR Christof Wolf · **PRODUCER** Ron Schmidt, Christof Wolf · **SCREENPLAY** Christof Wolf · **DOP** Javier Ortega

USA 2006

ORIGINAL LANGUAGES

German, English

PREMIERE

Germany (2006)

PRODUCTION COMPANY

[Loyola Productions Munich GmbH](#)

Kaulbachstr. 22a

80539 München

Germany

info@lp-muc.com

<http://www.lp-muc.com>

FILM LOCATION

USA