



INSTRUCTIONS TO THE COOK. A ZEN MASTER'S RECIPE FOR LIVING A LIFE THAT MATTERS

by Christof Wolf



SYNOPSIS

Bernard Glassman teaches a distillation of Zen wisdom that can be used as a guide for business, social ventures, peacemaking or just life. The documentary demonstrates the uniqueness and human impact of Glassman's work and life. Not only a Zen teacher, he works as a peacemaker in the field of interfaith dialog throughout the world. He has helped change a whole neighbourhood in Yonkers (New York). The film shows how one can live a life that matters.

CAST AND CREW

DIRECTOR Christof Wolf · PRODUCER Ron Schmidt, Christof Wolf · SCREENPLAY Christof Wolf · DOP Javier Ortega

USA 2006

ORIGINAL LANGUAGES

German, English

PREMIERE

Germany (2006)

PRODUCTION COMPANY

[Loyola Productions Munich GmbH](#)

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FILM LOCATION

USA