



INSTRUCTIONS FOR SURVIVAL

by Yana Ugrekhelidze



SYNOPSIS

The film is about love story of one couple Alexandre and Marie. Alexandre is a transgender and lives with his girlfriend Marie. Because of his trans identity and mark 'female' in passport, Alexandre has to lead a secret life. Such people like him are threatened with persecution and death in his homeland.

In order to escape this hopeless situation, Marie decides to make a surrogacy. With this money, the couple wants to flee to Europe and finally live in freedom.

With the time their pragmatical plan wrecks, because Alexandre and Marie fell in love with the child in Mari's belly.

FESTIVALS

2021

71 Berlinale PANORAMA

36 DOK.fest Munich

Inside Out LGBT Film Festival

CAST AND CREW

DIRECTOR Yana Ugrekhelidze · SCORE Lennart Saathoff, Mikhail Khimakov (additional music) · SOUND Malin Schmidt · EDITOR Agata Wozniak · DOP Jule Katinka Cramer · SOUND DESIGN Gerald Schauder

Germany 2021

72 min

ORIGINAL TITLE

ANLEITUNG ZUM ÜBERLEBEN

FORMAL CATEGORIES

Biographie/Portrait, Family, Gender, Human Rights

ORIGINAL LANGUAGES

Russian, Georgian

PREMIERE

Berlin, Germany (2021)

FILM LOCATION

Georgia

LINKS / REFERENCE

PRODUCTION

FORTIS FEM FILM

Berger, Kruglova & Ugrekhelidze GbR

fortisfemfilm@gmail.com

<https://www.fortisfemfilm.c...>