



INSTRUCTIONS FOR SURVIVAL

by Yana Ugrekhelidze



SYNOPSIS

The film is about love story of one couple Alexandre and Marie. Alexandre is a transgender and lives with his girlfriend Marie. Because of his trans identity and mark 'female' in passport, Alexander has to lead a secret life. Such people like him are threatened with persecution and death in his homeland. In order to escape this hopeless situation, Marie decides to make a surrogacy. With this money, the couple wants to flee to Europe and finally live in freedom. With the time their pragmatism plan wrecks, because Alexandre and Marie fell in love with the child in Marie's belly.

FESTIVALS

2021
71 Berlinale PANORAMA
36 DOK.fest Munich
Inside Out LGBT Film Festival

CAST AND CREW

DIRECTOR Yana Ugrekhelidze · SCORE Lennart Saathoff, Mikhail Khimakov (additional music) · SOUND Malin Schmidt · EDITOR Agata Wozniak · DOP Jule Katinka Cramer · SOUND DESIGN Gerald Schauder

Germany 2021

72 min

ORIGINAL TITLE

ANLEITUNG ZUM ÜBERLEBEN

FORMAL CATEGORIES

Biographie/Portrait, Family,
Gender, Human Rights

ORIGINAL LANGUAGES

Russian, Georgian

PREMIERE

Berlin, Germany (2021)

FILM LOCATION

Georgia

LINKS / REFERENCE

PRODUCTION

FORTIS FEM FILM

Berger, Kruglova & Ugrekhelidze
GbR

fortisfemfilm@gmail.com

<https://www.fortisfemfilm.c...>