

# INDEPENDENCE

by Felix Meyer-Christian



## SYNOPSIS

The Afro-German actor Helen Wendt explores her family history and her identity between the GDR, Mozambique and West Berlin. In an essayistic approach, the film also follows members of independence movements in Mozambique, South Sudan, Great Britain, Catalonia and Bavaria, asking what it means for people to fight for their freedom. What does independence truly mean and how do colonialism and racism, the causes of many independence movements, define the world to this day?

While learning more about Helen's past through encounters with her family in Berlin and in Maputo, the camera embeds within angry protests, portraits emotional reports of politicians, freedom fighters, refugees and ordinary citizens, glides along coastlines and mountains and unites the polyphonic narratives at Black Lives Matter protests in Berlin.

"Independence" takes a multilayered approach, placing individual and political experience on equal footing, combined with sequences of a choreographic installation in which...

## FESTIVALS

2023

Best Documentary – Film Critics' Award – 44 FF Max Ophüls Preis

Best Original Score Documentary for Marcus Thomas – 44 FF Max Ophüls Preis

Achtung Berlin FF

FILMKUSTMESSE LEIPZIG

4 LETsDOK

2024

Black History Month Cologne

## CAST AND CREW

DIRECTOR Felix Meyer-Christian · PRODUCER Felix Meyer-Christian · SCREENPLAY Felix Meyer-Christian, Helen Wendt ·

Germany 2023

90 min

### FORMAL CATEGORIES

Biographie/Portrait, Current Affairs, Family, Conflicts, Human Rights, Migration

### ORIGINAL LANGUAGES

German, English, Portuguese

### PREMIERE

Germany (2023)

### DISTRIBUTED BY

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### LINKS / REFERENCE

#### PRODUCTION

COSTA COMPAGNIE

Berlin / Hamburg

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DISTRIBUTION German

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#### TRAILER

<https://vimeo.com/428809067>

<https://www.costacompagnie.org>