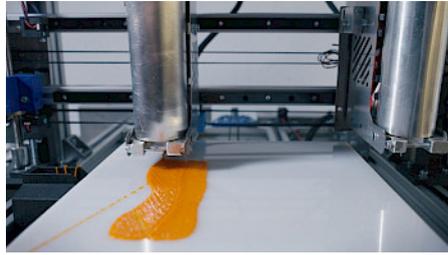




# FOOD SUBSTITUTES: THE BETTER ALTERNATIVE?

by Valerie von Boehn, Fabian Korbinian Wolf



## SYNOPSIS

Food – one of the most basic human needs. But food intake has long since ceased to serve only a full stomach. It has to be healthy, good for the environment and, last but not least, it has to serve our own social image. But which foods can meet all these requirements today and which have perhaps had their day? More and more basic foods are being replaced by alternatives: Burger patties made from pea protein, coffee made from lupines, fish from a 3D printer, and cheese made from vegan alternatives such as cashew nuts. But are these alternatives really better for us?

## CAST AND CREW

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FREI VON – SIND

ERSATZLEBENSMITTEL DIE  
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