



# FIT FOR LIFE

by Lilly Grote



## SYNOPSIS

Director Lilly Grote's tour around Europe discovers what it means to children to grow up in the current world. We accompany them down a stretch of road close to them as possible. The film shows their encounters with family and their social environment and discovers a new world that will make them grow strong. Stirring observations from the everyday life of the children are linked to larger social issues. In institutions where children and adolescents spend their lives, we hear disturbing stories of loneliness and neglect – but we also experience the magical power of support and understanding. Grote's impressions accompany the film and affect us directly. The documentary includes us into the destiny of the children. Camerawoman Elfi Mikesch stands for ambitious, sensitive visualization.

## CAST AND CREW

DIRECTOR Lilly Grote · PRODUCER Irene Höfer · SCREENPLAY  
Lilly Grote · DOP Elfi Mikesch

Germany 2008  
48 min

FORMAL CATEGORIES  
Current Affairs, Children / Youth

ORIGINAL LANGUAGES  
German

PREMIERE  
Germany (2008)

PRODUCTION COMPANY  
[Medea Film Factory GmbH](#)  
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