



# EDELWEISS ENIGMA

by Ruth Berry



## SYNOPSIS

The Edelweiss documentary is an investigation to find the fact behind the fiction. Edelweiss has been used as a symbol for a beer, a rock group and countless hotels and guest houses. At the same time it was being touted as the Fuhrer's favourite flower, it was being used as the symbol for anti Hitler Youth groups. It appears on coins and as insignias for mountaineering clubs. Young men fell to their deaths to pluck a sprig of it to prove their love. While the Edelweiss of the European alps was edging toward extinction, fields of them were flourishing throughout Asia. On the Steppes of Mongolia we discover another culture touched by the little white flower. To the nomadic Mongolians it is also the everlasting flower and it is still used to heal, in case of high blood pressure, inflammation and for moxibustion. Laboratory tests have shown Edelweiss improves memory. Can the everlasting flower deliver what its name promises?

## CAST AND CREW

DIRECTOR Ruth Berry · PRODUCER Gunnar Dedio

Germany 2008

65 min

FORMAL CATEGORIES

History, Sustainability,  
Nature/Animals

ORIGINAL LANGUAGES

German

PREMIERE

Germany (2008)

PRODUCTION COMPANY

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