



A DAY AND AN ETERNITY

by Anna Hepp



SYNOPSIS

The film is an 16 mm black and white film about an old aged woman, how she is doing her very slowly and simple day structure with all it's great efforts but in discipline and very decent. Her back voice on black pictures sounds very young, full of energie and childisch. But what she says is very profound; about memory, loneliness, about death, about suicide. At the age of 93, Dorothea says she has lived a full life. She welcomes the approach of death and prays to be delivered from decrepitude. Memories of the past are her only constant companions in the present. Her lifestyle spartan, Dorothea plans every minute carefully: morning gymnastics in bed, breakfast, checking the mail, afternoon nap. Her tiny, frail voice is full of girlish energy and delight, often betraying her cynical humour. Through black-and-white imagery and a specific rhythm, this documentary follows three rules: focus, reduction and accentuation. The camera remains close to Dorothea, who is always in the...

FESTIVALS

Seal of Approval 'highly recommended'
Int. Film Festival of the Art of Cinematography Plus
Camerimage, Lodz Polen 2009
Filmfest Hamburg 2010
Videonale.13 Kunstmuseum Bonn 2011
Outstanding Award, Beijing and 10 other awards.
The documentary A DAY AND AN ETERNITY was shown at more than 20 filmfestivals.

CAST AND CREW

DIRECTOR Anna Hepp · ASSISTANT TO DIRECTOR Oliver Freuwörth · EDITOR Gregor Theus, Anna Hepp · DOP Anna Hepp

Germany 2010

25 min

ORIGINAL TITLE

EIN TAG UND EINE EWIGKEIT

FORMAL CATEGORIES

Biographie/Portrait

ORIGINAL LANGUAGES

German

PREMIERE

Germany (2010)

PRODUCTION COMPANY

[Kunsthochschule für Medien
Köln | KHM](#)

Peter-Welter-Platz 2

50676 Köln

Germany

presse@khm.de

<http://www.khm.de>

DISTRIBUTED BY

[Anna Hepp - PORTRAIT ME](#)

Stolbergerstr. 96

50933 Köln

Germany

ah@annahepp.com

<http://www.annahepp.com>

LINKS / REFERENCE

<https://vimeo.com/170640792>