



# 7 OR HOW TO STOP THE TIME

by Antje Starost, Hans Helmut Grotjahn



## SYNOPSIS

13 years after the premiere of 7 OR WHY I EXIST we meet them again: the 7 children from all over the world. How did they find their way into becoming adults?

The film shows their philosophical context to the life and future of a generation between 20 and 30. As children, they impressed and inspired us with their curiosity about "difficult" questions. As young adults, they allow us to share in their feelings and thoughts. They give us the opportunity to watch them reflecting and "in the process of the gradual production of thoughts while speaking" (Heinrich von Kleist).

That's the charm. Then as now.

## FESTIVALS

2023

57 Hof IFF

## CAST AND CREW

DIRECTOR Antje Starost, Hans Helmut Grotjahn

2023

86 min

ORIGINAL TITLE

7 ODER WIE HALTE ICH DIE  
ZEIT AN

FORMAL CATEGORIES

Biographie/Portrait, Coming of  
Age, Children / Youth, Social  
issues

CONTENT CATEGORIES

Children film, Series

PREMIERE

Germany (2023)

PRODUCTION COMPANY

Antje Starost Film Produktion

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Germany

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<https://www.starostfilm.de>

LINKS / REFERENCE

sequel to

7 or Why I exist

<https://german-documentarie...>

<https://www.7oderwarumichau...>

<https://www.FB.com/people/7...>